

Boot Camp for New Dads gives first-time expecting dads the opportunity to get hands on experience!



BOOT CAMP FOR NEW DADS

Get prepared for the most important job you will *ever* have. Most classes focus on Mom, with Dad there for support. Here's a course that's strictly male!

[> WATCH VIDEO CLIP](#)

Be the dad your baby needs -

- Learn from veteran dads how to hold, burp, soothe, bathe, change and swaddle
- Get hands-on once baby arrives
- Learn to connect with your baby early
- Find out how you can help, support and protect mom
- Bond with your new baby
- Prepare for how your relationship with your baby's mom will change after the baby is born



And....learn to sink a three-pointer in the diaper pail at 20 feet!

Here's what other participants have said: *"This is really an opportunity to get a head start and be the type of father that everyone wishes they had."
"I'm a much better father than I would have been had I not done boot camp."
"I think I can do this - I can be a good dad."*

Boot Camps are run intermittently around the state.
Please call for dates and locations.

For Information please call 908-322-9050