

Teacher In-Service Workshop **Teen Sexual Health - A Whole School Approach**

2 hour workshop for the entire school staff.

Goals

- To convey the dramatic change in the landscape and consequences of teenage sexual activity;
- To familiarize participants with the most current medical information regarding teen sex;
- To provide practical teaching strategies for risk avoidance.

Outline

1. Present the landscape of teenage sexual activity

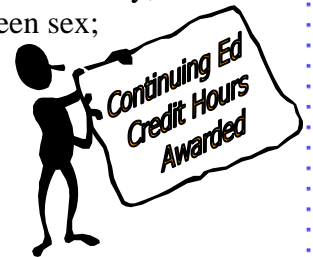
- a. high-risk nature
- b. documented prevalence of sexually transmitted disease, teenage pregnancy, emotional impact, depression and correlation with other risk-taking activities
- c. attitudes and behaviors
- d. scientific knowledge about “safer sex” practices

2. Enhance teacher knowledge by providing

- a. the most current health research on high risk behavior
- b. assistance in integrating new concepts and understanding into content and instruction
- c. information on challenging and developmentally-appropriate curricula to engage students in learning and critical thinking skills
- d. practical teaching strategies

3. Stress a risk-elimination message for teens throughout the school

- a. need to evaluate sources of information that teens access
- b. encouragement of healthy behaviors by teachers across all disciplines
- c. reinforcement of positive peer pressure
- d. emphasis on good decision-making for healthy choices
- e. mandated by law in New Jersey



Session Fee: \$400

Note: This workshop will be *provided free of charge* when any level of the *YES You Can!* curriculum is purchased.

Content is in accord with New Jersey Core Curriculum Content Standards.